



Coaching soccer & the interaction between coach and players

Hans Schrijver
NSCAA 2009 // St. Louis

January 2009



Coaching soccer & the interaction between coach and players



Hans Schrijver
Royal Netherlands Soccer Association

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Introduction

Hans Schrijver



-  Coach Under20 National Team
-  Scout Under 20 National Team
-  Scout Under 21 National Team
-  Instructor KNVB Academy (course: Coach UEFA A)

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Coaching soccer

&

'The art of asking questions' !

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Dutch Soccer History

1974	World Cup Finalist Cruyff (Michels)
1978	World Cup Finalist Rensenbrink (Happel)
1988	European Champions Van Basten (Michels)
1998	World Cup Semi finalist Bergkamp (Hiddink)

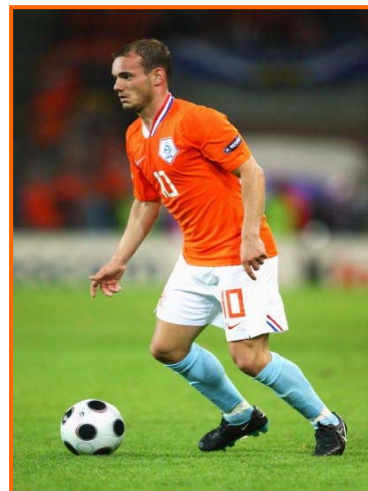
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Dutch Soccer 2008



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Dutch Soccer 2008



European Championship 2008

 The Netherlands -  Italy 3-0

 The Netherlands -  France 4-1



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Dutch Soccer 2008



Robben, van Nistelrooy, Sneijder, van der Vaart
Real Madrid



van Persie
Arsenal



Kuyt
Liverpool



Sneijder // Real Madrid

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Dutch Soccer Under 21



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Dutch Soccer Under 21



- 2006** European Champions
- 2007** European Champions
- 2008** Quarter finalist Beijing Olympics

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Final
 **Netherlands - Ukraine** 
4 June 2006



UEFA
UNDER21
CHAMPIONSHIP

UNDER21 CHAMPIONSHIP

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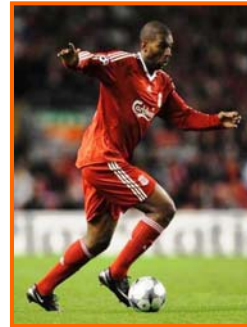
Dutch Soccer 2008



Huntelaar, Drenthe
Real Madrid



Babel
Liverpool



Babel // Liverpool

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Dutch Soccer 2008



FIFA World Ranking (December 17)

1. Spain
2. Germany
3. *The Netherlands*
4. Italy
5. Brazil
6. Argentina

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Dutch Secrets ?



Develop '*clever*' & *creative* players !

How?

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Dutch Vision ⁽¹⁾



System of play 1-4-3-3



'Dictating the game'

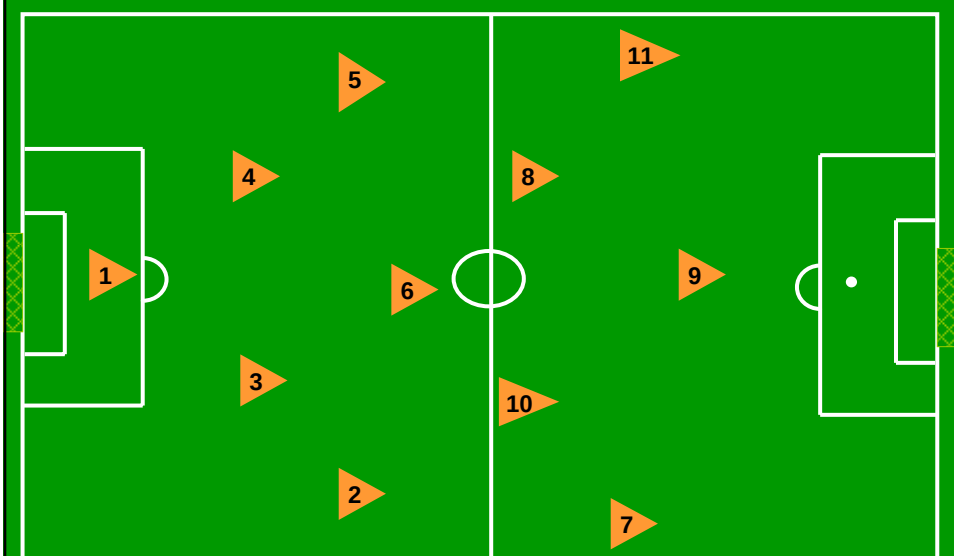


Offensive positional play



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What makes 1-4-3-3 the ideal formation for offensive positional play?



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Is 1-4-3-3 the ideal formation for offensive positional play?



 Many triangles

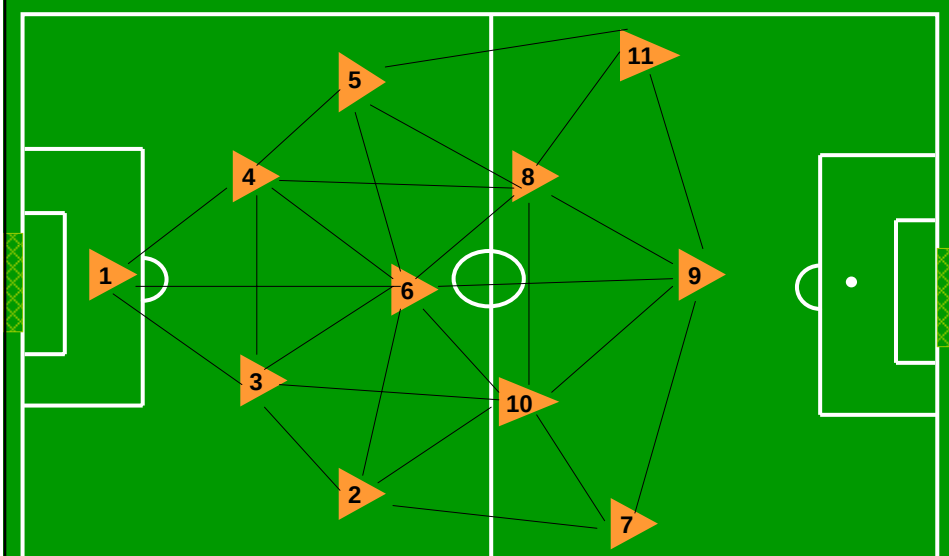
 Always depth

Option 1 !

 Maximum width

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Is 1-4-3-3 the ideal formation for offensive positional play?



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Dutch Vision ⁽²⁾

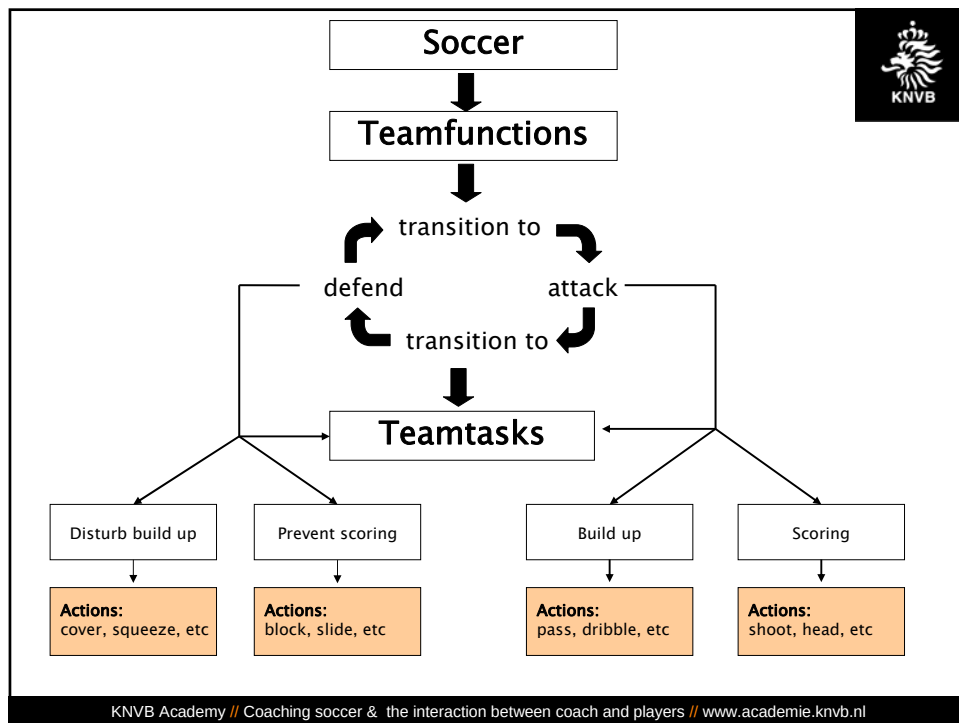


Structure for:

-  'Reading the game'
-  Defining the soccer problems
-  Formulating the objectives for the training



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Dutch Vision ⁽²⁾

The questions for the coaches:

-  What's the soccer problem?
-  When does it happen?
-  Where on the pitch?
-  Who are the key players?
-  Which role does the opponent have?

Dutch Vision ⁽³⁾



Demands for training:

Simplify soccer:

from 11:11 to 9:9, 8:7, 7:7, 7:6, 6:6, 6:5, 4:4, etc.

Always defend, attack & transition as in the game itself

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Dutch Vision ⁽³⁾



Demands for training:

With the right coaching !



By stopping the game in the soccer situation !



By giving instructions, tips, examples and by????



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Dutch Vision ⁽⁴⁾



Asking questions !

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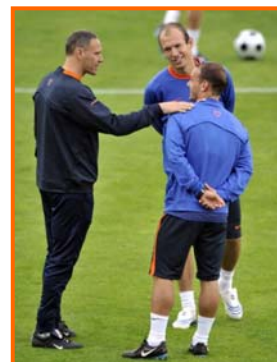
Dutch Vision ⁽⁴⁾



Effectivity?

We remember:

-  10% of what we hear
-  35% of what we see
-  55% of what we hear and see
-  70% of what we say ourselves
-  90% of what we say and do ourselves



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Dutch Vision ⁽⁴⁾

'The art of asking questions'



-  Asking the right questions will improve the players' *perception* of the complex soccer situations
-  It will enlarge their *awareness* of the possible soccer solutions

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Dutch Vision ⁽⁴⁾

'The art of asking questions'



-  Asking the right questions will teach the players to make the *right choice* of the soccer actions *themselves*
-  It will motivate them to take *responsibility* of their own soccer performance

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Dutch Vision ⁽⁴⁾

'The art of asking questions'



It will develop '*clever*' & *creative* players !

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Dutch Vision ⁽⁴⁾

'The art of asking questions'



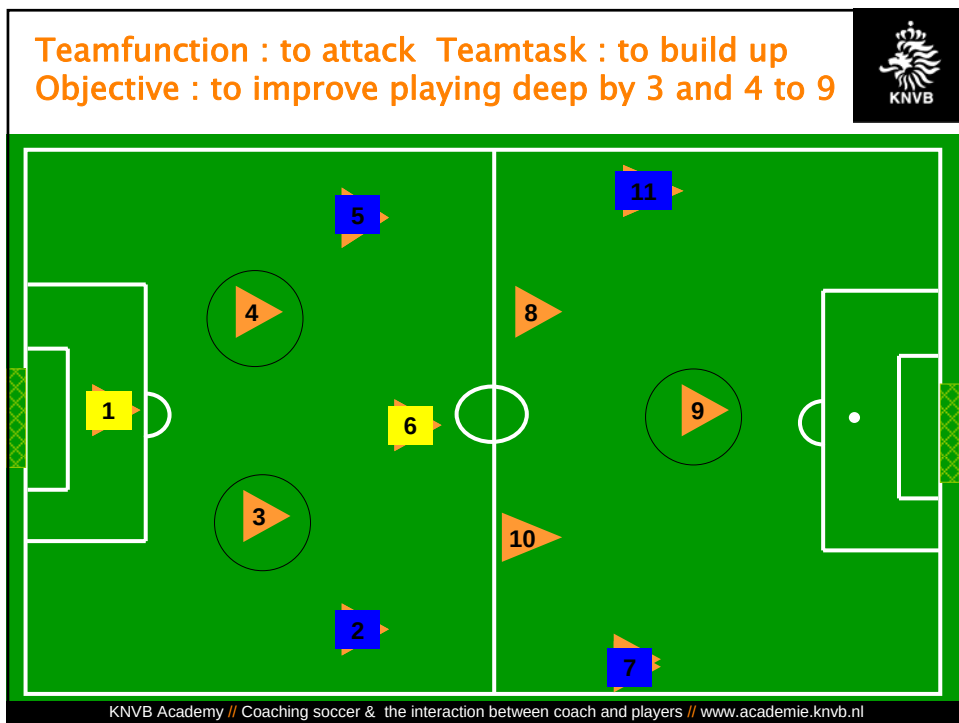
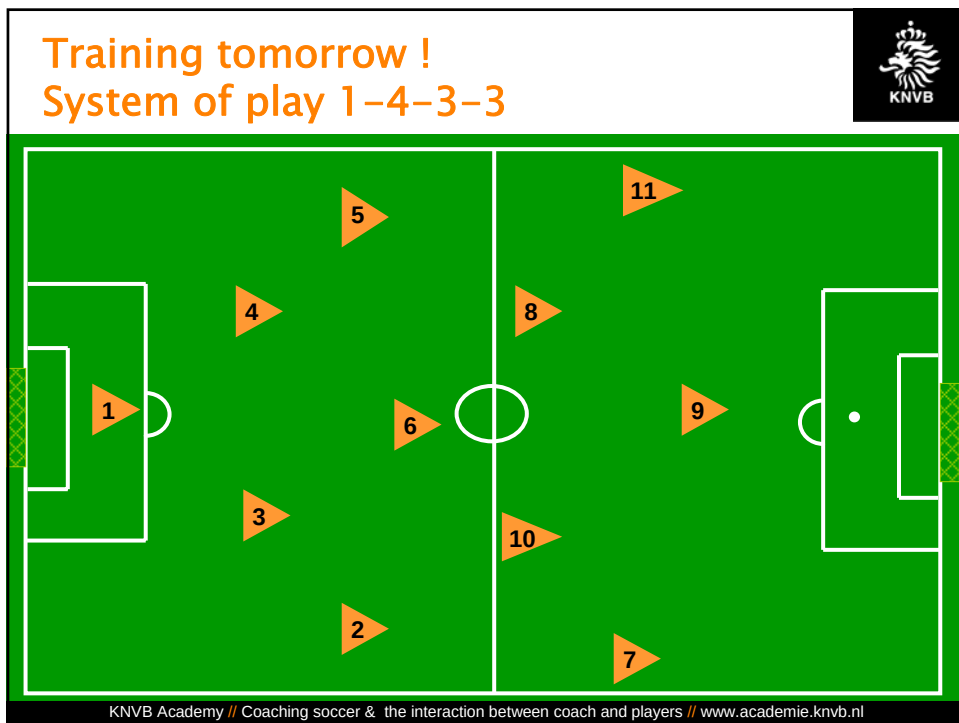
What kind of questions?

🗣️ Open questions, starting with:
what, when, where, who, which?

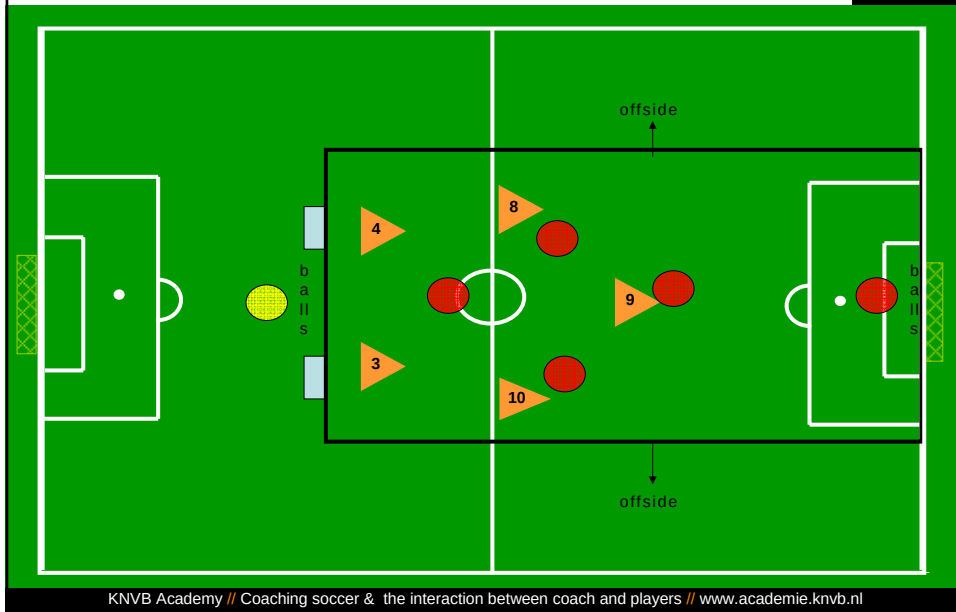
🗣️ Better not:
why?



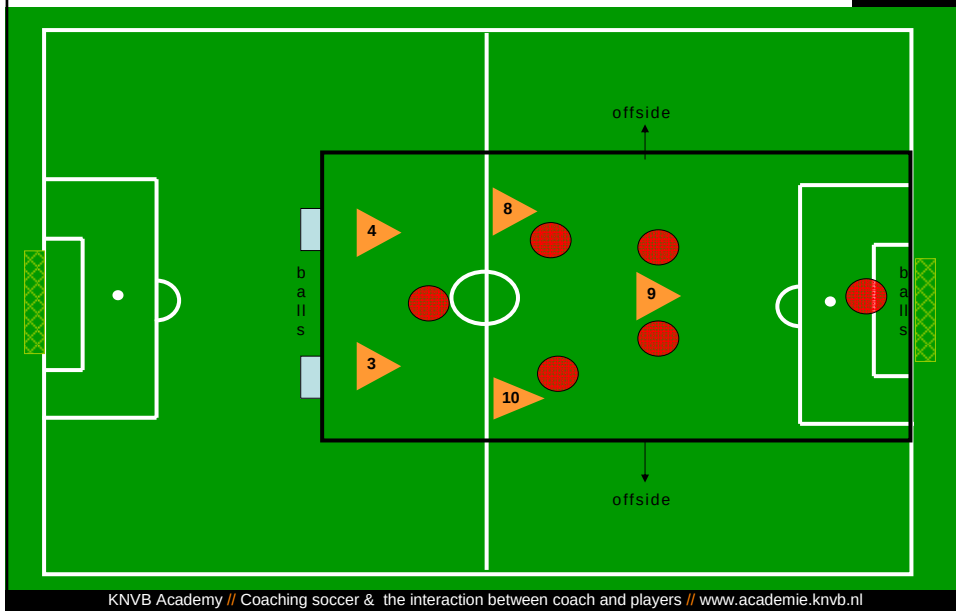
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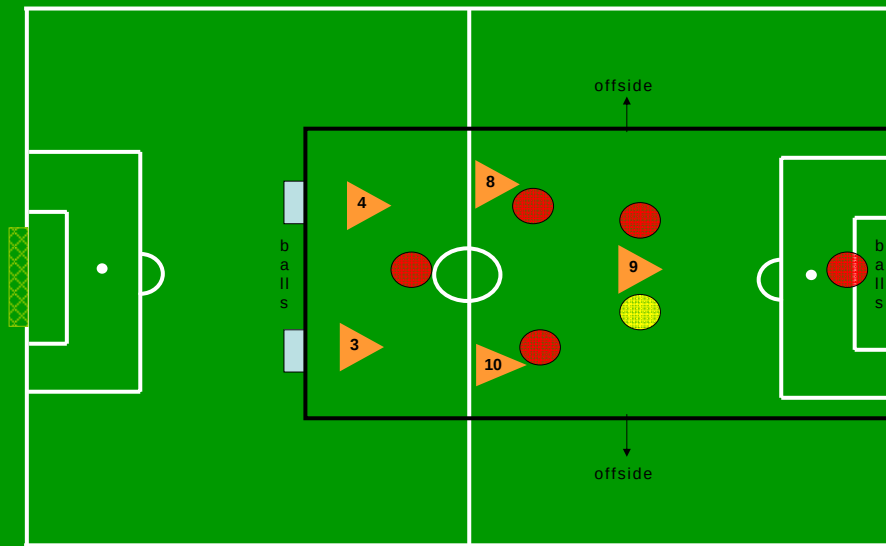
Starting 5:5



Ending 5:6

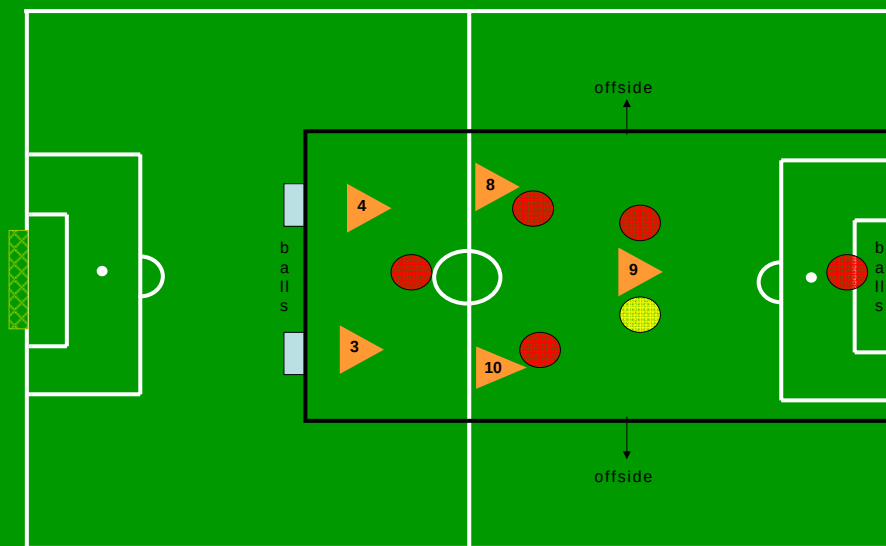


Coaching: Which questions for #3 & #4?



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Coaching: Which questions for #9?



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Any questions ?

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In the Netherlands we organize the KNVB International Course, in the USA we organize team camps at your clubs location.

For more information, please visit **Premier International Tours** (formerly knows as Euro-Sportring) at booth 1203.

In addition to this, please feel free to drop you contact information at the Premier International Tours staff if you would like to receive a copy of this presentation.

**PREMIER
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TOURS**

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Thank you for your attention

&

see you tomorrow

(12:30 PM – 1:45 PM // CC – Exhibit Hall 5)

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